

## Opening Prayer:

Dear Jesus,  
Thank you for our amazing bodies! We are grateful that You are a God who cares about us, and is powerful enough to heal us. Amen.

## Bible Verse:

*Jesus said [to Jairus]... 'Do not be afraid, only believe.'* —Mark 5:21-43 (v.36b)

## The Power to Heal

[Reread the story of Jesus healing the bleeding woman, and Jairus' daughter, from the book of Mark, above, or from a children's Bible.]

## Discussion Questions:

Jesus showed twice in this story, that He had the power to heal. Where do you think that power came from? Did Jesus still heal today? Name ways that you have seen God's healing power around you. Why do you think God allowed these people to hurt or become sick in the first place? How do we ask for God to heal us, or our friends and family, inside and out?

## Servant Activity:

### Praying for Healing and Showing Love to the Sick

**Materials:** card stock or construction paper, markers, scissors, stickers

Take some time to identify people that we know that are sick or who need healing, and people that we may not know (maybe church family from the bulletin.) Say a popcorn prayer (each person takes turns adding a line to the prayer) to God to ask for healing for these people by name.

Then, make a card for each person to encourage them and let them know that you prayed for them! Make it colorful and cheerful, and remind them Who has the power to heal.

## Craft Activity:

### Make a Band-aid Envelope for your Car, Purse, or Stroller

**Materials:** Large paint chip cards or thick colorful paper, red marker, scissors, tacky glue or double-sided tape, template (on the back), small stick-on velcro circle, (optional).

Keep some spare Band-aids handy in a colorful reminder that Jesus heals! Using large paint chip samples from a hardware store, trace and cut out the shape using the template. With the colored side down, fold all of the flaps inward on the lines indicated. With one of the small flaps folded up as the bottom, glue or tape the left large flap and press the right flap over it. Draw a red cross on the front with the words "Jesus Heals" under it to bring you peace when you are hurting and looking for a bandage. When it's dry or ready, fill the envelope with a few bandages and fold the top flap over. (You can add a stick-on velcro button to the inside of the top flap, if you have one.) Now you're ready to call Jesus when you get in the next scrape!

## Littler One Activity:

### Dancing Jairus' Daughter

**Materials:** crayons or markers, little girl card, scissors

Color and cut-out the finger-puppet for Jairus' daughter, helping to poke the holes for finger legs to stick through. Practice laying the girl down very still and then Jesus saying, "Little girl, get up and walk!" She was probably so happy she danced. What did that dance look like? What did Jesus ask the family to do for her next? Go and get a snack together too!